# Deaf Success in Fall 2020: Guide for Families, Parents, and Students

Fall 2020 brings many questions for your deaf youth's education and future. Our research shows **family support is so important!**<sup>1</sup> While there is a great deal of uncertainty now and in the months ahead, we encourage families to use **ways to connect**<sup>2</sup> with their deaf teenager, look for opportunities to seek **community**<sup>3</sup> support, and advocate for their equal access **guaranteed by law**<sup>4</sup> to all learning opportunities.

This guide has key strategies to support deaf success with your child during Fall 2020 and beyond.

## **KEY STRATEGIES**

**Focus on Self-Determination** 

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### Plan for the Future



- Have high expectations! Parent expectations<sup>5</sup> play a critical role for deaf youth as they transition from high school to college and work experiences.
- Think about multiple options and pathways to life after high school.
   Transition planning<sup>6</sup> for deaf<sup>7</sup> youth requires a flexible, positive approach<sup>8</sup>, now more than ever.
- Learn from current deaf college students<sup>9</sup> about their strategies for navigating different challenges during the pandemic.
- Connect with vocational rehabilitation professionals<sup>10</sup> in your area and learn about the options for pre-employment transition services<sup>11</sup>.

#### STAY CONNECTED WITH NDC

- COVID-19 Info<sup>22</sup> and FAQs<sup>23</sup> are regularly updated.
- NDC | Help Team<sup>24</sup> is just a click away.
- **Subscribe**<sup>25</sup> to keep current and connect with peers.

- Emphasize self-determination skill<sup>12</sup> development at home. These skills have lifelong benefits<sup>13</sup> in school<sup>14</sup>, in the workplace<sup>15</sup>, and in the community.
- Advocate for accessible resources with your child<sup>16</sup>, including remote interpreting, speech to text, and inclusive online learning design.
- Encourage your child to play Deafverse<sup>17</sup>, a choose-your-ownadventure game created just for teenagers. This online game comes with student and teacher guides, home activity packs<sup>18</sup>, and more.

### **Build a Network**



- Watch the NDC #DeafSuccess video playlist<sup>19</sup> with your child to see deaf adults share their many different pathways of life after high school.
- Cultivate stress management and wellness<sup>20</sup> for all family members. With many providers using remote video services, explore what options may be available for accessible wellness and mental health supports.
- Seek out a mentor for your child.
  Research<sup>21</sup> shows that deaf youth who participate in mentorship programs develop greater confidence, selfworth, and deaf identity, which can in turn build self-esteem.



Don't stop or postpone your child's college searches. Take advantage of online college tours and open houses.



Learn more in NDC's **online** learning library<sup>26</sup>—free, selfpaced courses on Deaf 101, Effective Communication, and more.

# Links

- 1. nationaldeafcenter.org/resource/family-support-deaf-teens
- 2. nationaldeafcenter.org/news/strategies-parenting-deaf-teenagers-during-covid-19
- 3. nationaldeafcenter.org/engage/local
- 4. nationaldeafcenter.org/topics/legalpolicy
- 5. nationaldeafcenter.org/resource/effects-parent-expectations-and-parent-involvement-postschool-outcomes-deaf-individuals
- 6. nationaldeafcenter.org/topics/transition
- 7. nationaldeafcenter.org/defining-deaf
- 8. nationaldeafcenter.org/news/raising-bar-postsecondary-success-cawthon-presents-keynote-transition-design-life
- 9. nationaldeafcenter.org/news/pandemic-taking-unique-toll-deaf-college-students-according-new-poll
- 10. nationaldeafcenter.org/topics/vrtoolkit
- 11. nationaldeafcenter.org/topics/pre-ets
- 12. nationaldeafcenter.org/news/decide-act-believe-how-assess-and-empower-self-determination-deaf-youth
- 13. youtube.com/watch?v=0g2yUQ2TSTE&feature=youtu.be
- 14. nationaldeafcenter.org/resource/self-advocacy-skills-and-transition-planning-deaf-students
- 15. nationaldeafcenter.org/news/deaf-work-during-pandemic-making-gains-flexibility-optimism-and-resilience
- 16. nationaldeafcenter.org/news/remember-accessibility-rush-online-instruction-10-tips-educators
- 17. nationaldeafcenter.org/deafverse/about.html
- 18. nationaldeafcenter.org/news/deafverse-can-help-deaf-teens-connect-and-learn-home
- 19. youtube.com/results?search\_query=%23DeafSuccess
- 20. nationaldeafcenter.org/resource/mental-health-care-deaf-individuals-needs-risk-factors-and-access-treatment
- 21. nationaldeafcenter.org/learn
- 22. nationaldeafcenter.org/covid19faqs
- 23. nationaldeafcenter.org/get-help
- 24. nationaldeafcenter.org/newsletter-listserv-sign-up
- 25. nationaldeafcenter.org/learn
- 26. nationaldeafcenter.org/covid-19-information